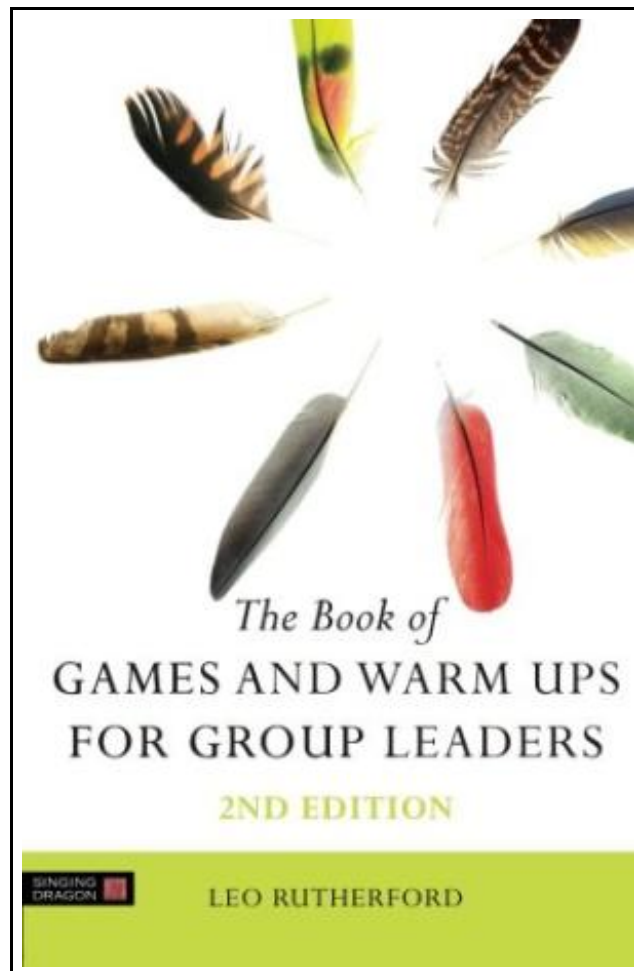


The Book of Games and Warm Ups for Group Leaders (2nd Revised edition)



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THE BOOK OF GAMES AND WARM UPS FOR GROUP LEADERS (2ND REVISED EDITION)



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Jessica Kingsley Publishers. Paperback. Book Condition: new. BRAND NEW, The Book of Games and Warm Ups for Group Leaders (2nd Revised edition), Leo Rutherford, Based on Shamanic principles and the philosophy that laughter and play are basic human needs that feed the soul and unleash natural creativity, the tried, tested and proven activities in this book can be used with all ages. They are helpfully split into different sections, covering everything from warm-up games to verbal improvisation games, theatre games and warm-downs. Drawing on decades of experience in this substantially revised and expanded new edition, the author shares the games, improvisations and dance structures that he has found most effective in his work as a group leader and participant, and includes tips throughout on how to be a good facilitator and run a successful group. With lists of resources, including a musicography, the book is an inspiring and practical resource for anyone running a group.



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